

ARCADIA UNIVERSITY

FITNESS & SPORTS TRAINING CENTER

LOCATION: Glenside, PA

DESCRIPTION:

This newly renovated, two-story facility opened on Aug. 31 and offers a variety of equipment chosen to meet the needs of all users whether they be new to fitness or athletes in training.

PARAMOUNT EQUIPMENT:

SP Circuit, PFT-200 Functional Trainer and XFT-300 "Extreme" Functional Trainers (2)



"Maximizing space in the new Fitness Center was of particular importance and one of the many reasons we decided to equip the facility with Paramount equipment. The SP circuit is perfectly suited to our needs with its space efficient user-friendly design, aesthetic appeal and functional versatility.

"The Sports Training Center is designed to improve athletic performance and offers a variety of exercise options designed for that purpose. We chose to frame the room with two (2) Paramount XFT-300 Extreme Functional Trainers. These units allow for an unlimited number of cable exercises without the restrictions common to other functional trainers.

"In short, Paramount products, service, and people have certainly met our expectations."

Rick Brownell
Head Golf & Women's Soccer Coach
Arcadia University Athletics



Paramount Fitness Corp.

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